

CORPORATE

RESILIENCE
THROUGH
PERSONAL
DEFENCE



Ultimate Tactical Defence
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ABOUT US

Our workshop is a strategic opportunity to educate, train, and improve resilience in your organization. By allowing our Coaches to align with, understand, and educate your team, you're maximizing the opportunity to build a strong mindset in your team. Our workshops are custom fit to your team's needs and objectives to ensure everyone gets benefits. Book your workshop leadership training today by contacting me directly.



We understand that the safety and security of your organisation is of paramount importance. That's why our team of seasoned experts is dedicated to delivering top-of-the-line corporate self-defence services that meet the unique needs and challenges faced by modern businesses. We strive to build long-term partnerships with our clients, working closely with them to develop customized strategies and implement robust defence systems that align with their objectives and risk profiles.

Our Commitment



With years of experience in the field, our company has honed its expertise in all aspects of corporate self-defence. We employ a multidisciplinary approach, combining cutting-edge technology, strategic planning, and comprehensive training programs to create a holistic defence ecosystem for your organization. Our team comprises highly skilled professionals from various backgrounds, including law enforcement risk analysts, tactical self-defence experts, and cybersecurity specialists, who bring their diverse knowledge and skills to design integrated solutions tailored to your organization's unique requirements..

Our Team of Coaches

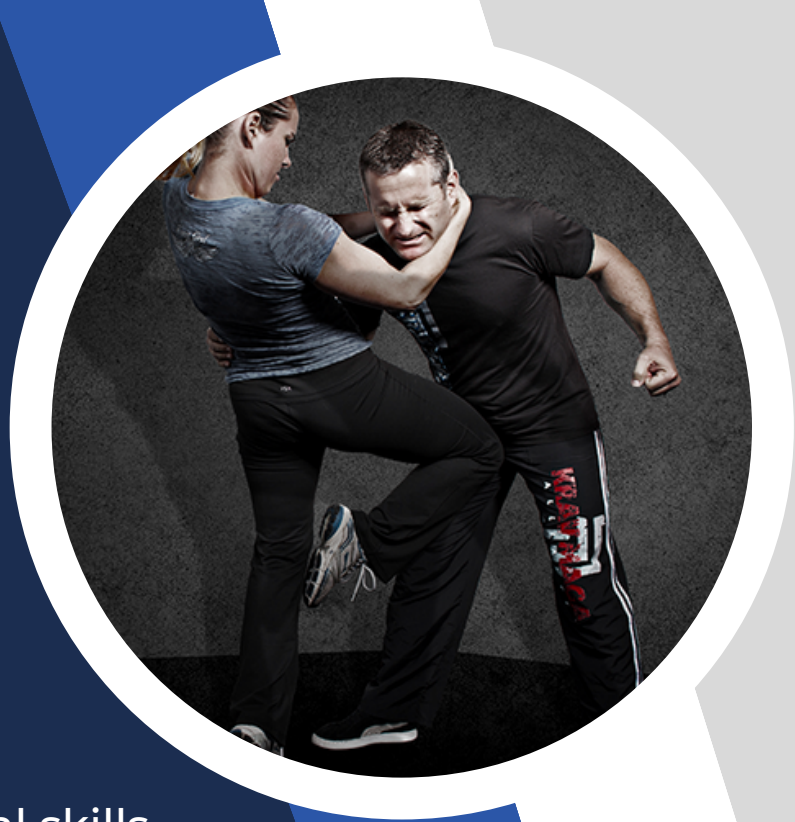


What is really important is getting out of the situation without violence actually occurring at all. This is where PRE self-defence techniques come in, with our instructors trained in the same state-of-the-art techniques as the Defence Force and the Law Enforcement Agencies. We believe as many as 97% of conflicts can be avoided by applying these techniques. What we teach is an instinctive response, rather than a series of complex moves that are challenging to apply under fear and pressure. Anyone can master these techniques, and they might just save your life one day. The self-defence training we provide can be tailored to suit any stated need, an audience with options ranging from a 2-hour or 3-hour program, a 6-hour program broken down to equal sessions, full-day self-defence 7-hour team building program, to one-on-one or a group of participants.

A method that works



- Situational awareness
- Detect potential danger
- Defuse and deescalate
- Target focus training
- Read the situation
- How to engage
- Basic and effective tactical skills
- How to re-connect with your intuition and instincts.
- What is your life worth
- Using violence where violence is necessary
- Dealing with a fear spike
- Emergency response
- Conflict resolution skills



Self-defence should be taught like first-aid.
Quickly, efficiently, and intelligently.
Martial arts is not the same as fighting and
fighting is not the same as
Self-defence.
Personal safety can be taught very quickly.

What's Covered



At Ultimate Tactical Defence, we are dedicated to empowering businesses with the tools and knowledge to protect themselves in an increasingly complex security landscape.

By leveraging our expertise, cutting-edge technology, and comprehensive training programs, we enable organizations to proactively defend against threats, mitigate risks, and ensure the safety and well-being of their employees and assets.

Partner with us, and together, we can create a secure environment where your business can thrive with confidence.

**"The mind navigates the body.
If the mind hesitates,
So does the body"**

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